



Promoting Personal Safety

Bonnie Brandl
NCALL, WCADV



Introductions

- Name
- Agency/Organization
- Safety strategy



Importance of this topic

- Cases of reported abuse are rising
- Aging of America
- 20% of population over age 5 has a major disability



Why here?



Participants will:

- Understand dynamics of abuse
- Recognize barriers victims face
- Identify and implement safety planning strategies



Elder Abuse

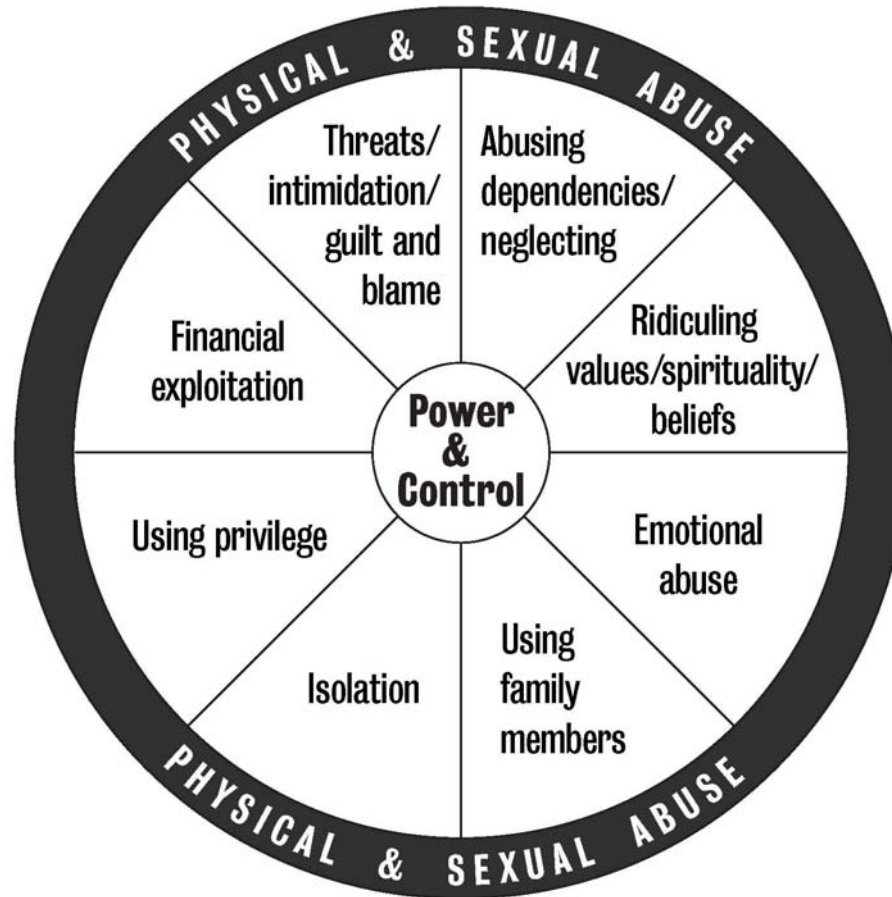
- Age: 60+
- Gender: 2/3 female, 1/3 male
- Relationship: Partner, family, caregiver
- Location: Community or facility



Abuse Against People with Disabilities

- Age: 18+
- Gender: Female and male
- Relationship: Partner, family, caregiver
- Location: Community or facility

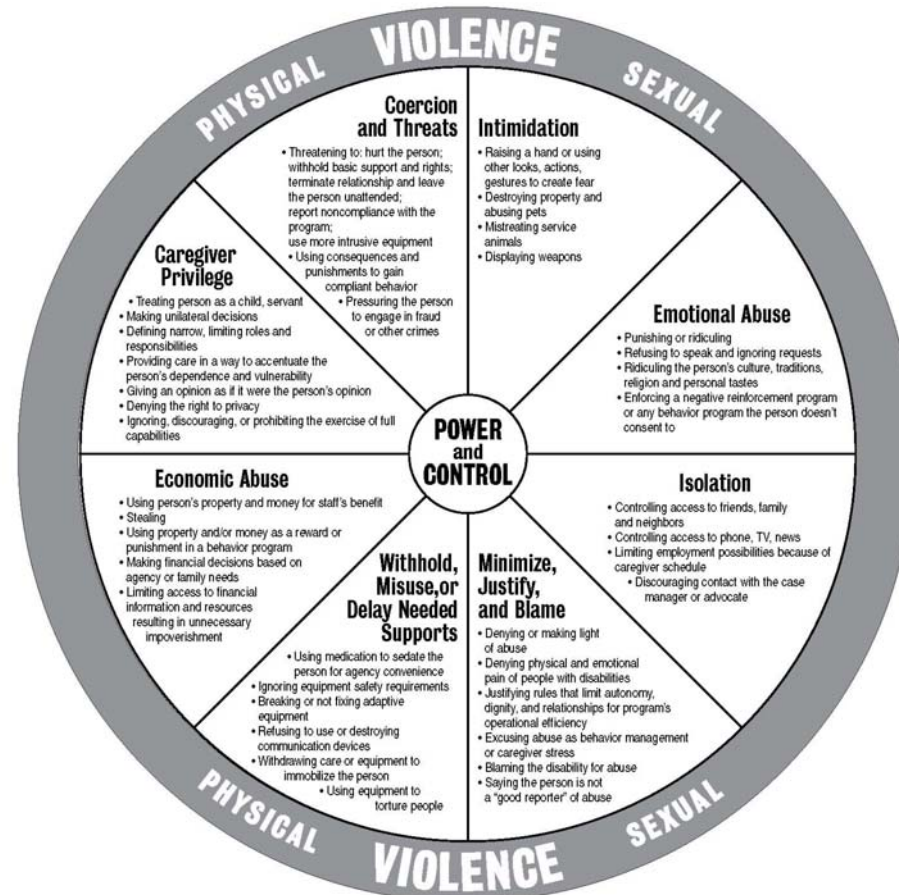
Family Violence in Later Life



Wisconsin Coalition Against Domestic Violence
307 S. Paterson St., Suite 1, Madison, WI 53703
(608) 255-0539 / FAX: (608) 255-3560

This diagram is based on the Power and Control/Equality wheels developed by the Domestic Abuse Intervention Project, Duluth, MN

Abuse of People with Developmental Disabilities by a Caregiver



Wisconsin Coalition Against Domestic Violence
 307 S. Paterson St., Suite 1, Madison, WI 53703
 (608) 255-0539 / FAX: (608) 255-3560

This diagram is based on the Power and Control/Equality wheels developed by the Domestic Violence Intervention Project, Duluth, MN



Why abuse occurs?

- Most often power and control dynamics
- Organic causes
- Stress may be used as an excuse



Chutes and Ladders Exercise

Safety Planning – 2 a.m.

- It's 2 a.m.
- You have just been beaten by your partner. – Not the first time.
- Partner left but said will come back.
- You have called law enforcement in the past and will not call again.
- \$20 in your wallet – what do you do?



What is Safety Planning?

- Process where helper and victim jointly create a plan to enhance safety.
- Victim centered and driven
- Based on victim's goals and not professionals' opinions
- Information and options provided



Safety Planning

- Prevention strategies
- Protection strategies
- Notification strategies
- Referral/Services
- Emotional Support



A Victim Centered Plan

- Where will the victim live
- Money
- Health
- Who Else is Affected by the Abuse?
- Legal



Safety Planning Steps

- Build rapport and listen to the victim
- Learn what the victim fears
- Ask what the victim wants to do and why
- Think creatively together about a variety of options and ideas
- Build a safety plan that is victim centered



Mary's Experience



Small Group Exercise

- Prevention
- Protection
- Notification
- Referral/Services
- Emotional Support



Questions?



National Resources

- National Domestic Violence Hotline 1-800-799-SAFE
- Rape, Abuse, and Incest National Network 1-800-656-HOPE
- National Center on Elder Abuse
www.elderabusecenter.org



Bonnie Brandl

- www.ncall.us

- www.wcadv.org

- WCADV office: (608) 255-0539

- bonnieb@wcadv.org